

SCENAR Therapist's Report

Small clinical trial - 8 long-term, difficult, chronic pain patients

Over a 3 month period, 8 patients were treated using the SCENAR Pro expert device. All the patients had a clinical history of long term chronic pain, and all had not responded to other treatments such as Medication, Physiotherapy, Acupuncture, Chiropractic and Anaesthetic blocks.

They had been under the care of a major pain centre in Sydney. Ages ranged from 48 to 76years. All suffered from at least one other condition such as diabetes, high blood pressure, depression, schizophrenia, recovering heroin addiction. Each case was complicated as medication was being used for these conditions also.

We started with each patient filling in a consent form and liability waiver. For our assessment they completed the Visual Analogue Scale (VAS) and an SF-36 General Health Questionnaire at the start of treatment, midway point, end of treatment, and 4 weeks post treatment.

We aimed for 3 treatments a week for two weeks, 2 treatments for 2 weeks and then 1 a week for 2-4 weeks. Especially for the two elderly people, the schedule was difficult for them to achieve so we treated over a longer period with more space between treatments than was ideal.

In summary the results were very encouraging

Summary of Treatments on Clients

12th July 2005

Four weeks post treatment;

One patient was pain free after 6 treatments and sustained at follow up.

One had a reduction in pain of 65%,

Two had a reduction in pain of 70%,

Two others were sustaining at a 30% reduction,

One had no change,

One withdrew after the second treatment.

Ideally, we would recommend follow up treatments if pain presented and the use of their own home device if suitably motivated. This was not done.

(Also the SCENAR therapy protocols have been revolutionized since this exercise, which is now thought would have accelerated and improved these already impressive results.

See Dr Gerd Raetzl Training DVD for a complete explanation of SCENAR, its signal, interaction, response in the body and sample treatment showing the Raetzl Approach)

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The VAS table below gives an indication of the changes in the levels of pain as perceived by the recipients of the SCENAR/ENAR treatment.

Assessments were prior to the start of treatment, the middle, at final treatment and then 4 weeks after the completion of treatment.

